

Upcoming Events

- January 19**
Men's Club 6:00 P.M.
NFL Playoff Viewing Party
- January 20**
Martin Luther King Day Service 12:30 P.M.
Social Action Committee
- January 26**
"After Auschwitz" 7:00 P.M.
Temple Israel Film Series
showing of the documentary
- February 1**
Comedy Night 8:30 P.M.
Taking place at Temple Beth-El
- February 2**
Men's Club World-Wide Wrap 8:15 A.M.
- February 6**
Beth HaGan Torah Science Fair 5:30 P.M.
- February 7**
Tu Bshevat Dinner 7:00 P.M.
- February 7-9**
Scholar-In-Residence Program
Cantor Elizabeth Shammash
- February 8**
Shabbat Shirah
- February 9**
Congregational Ski & Snowboard Trip
- February 10**
Tu Bshevat
- February 13**
Board of Trustees Meeting 8:15 P.M.
- February 27**
Men's Club Meeting 7:30 P.M.

Daily Minyan Times

- Fridays, January 17, 24**
7:00 A.M. 6:30 P.M.
- Friday, January 31**
7:00 A.M. 5:00 P.M.
- Friday, February 7**
7:00 A.M. 6:00 P.M.
- Sunday**
8:15 A.M. 8:00 P.M.
- Monday & Thursday**
6:45 A.M. 8:00 P.M.
- Tuesday & Wednesday**
7:00 A.M. 8:00 P.M.

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Voice

Marc Katz, Editor

Associate Editors:

Paula Charry, Angela Jones, Ronnie Katz,
Marion Stein, Rabbi Daniel Schweber

Photographers:

Robert Lopatkin, Ofra Panzer

TEMPLE ISRAEL OF GREAT NECK
108 Old Mill Road, Great Neck, NY 11023
P: 516.482.7800 F: 516.482.7352
info@tign.org | www.tign.org

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SKI AND SNOWBOARD TRIP Sunday, February 9 Shawnee Mountain, Poconos, PA

KIDS UNDER 18 YRS. OF AGE MUST BE ACCOMPANIED BY AN ADULT

Religious School children are excused from classes,
should they choose to go.

Pricing

(all prices are per person)

Lift ticket only: \$40 • Ski/Snowboard rental only: \$27 Helmet
rental: \$10

Value Package including lift ticket, ski or snowboard rental,
and 1.5 hour lesson: \$75
(add \$10 for a helmet rental)

(Minimum age of 6 for ski lesson or 7 for snowboard lesson)
Lessons at 9:45 AM (first timers only) & 11:45 AM (all levels)
Snow tubing also available. See website for details.

EZ Tix Online Purchasing

The Rental shop will have your equipment ready
and waiting for you when you arrive!
Must be set-up one week in advance. Or feel free to bring
your own ski/snowboard equipment.

To register go to:

www.shawneemt.com/liabilityrelease-multivisit
Group ID: 006dv-Member Password: 2020member006

Deadline to register is Sunday, February 2, 2020
Transportation is on own. Carpooling can be arranged.

Questions?

Contact Seth Kurpiel at skurpiel@gmail.com or
(718) 578-7363

Voice

a Conservative egalitarian synagogue

Tu Bshevat and Shabbat Shirah Celebration with Scholar/Artist In Residence Cantor Elizabeth Shammash

P'TACH LIBEINU: OPENING OUR HEARTS THROUGH JEWISH MINDFULNESS PRACTICES

Friday, February 7 - Sunday, February 9, 2020

This Tu Bshevat and Shabbat Shirah, Temple Israel will not only be celebrating our connection to the natural world around us, but, with the help of Scholar/Artist-in-Residence Cantor Elizabeth Shammash, we will be taking a meaningful look inwards, at the workings of our own minds.

Cantor Shammash, who serves Tiferet Bet Israel in Blue Bell, PA, and has been a friend, student and colleague of our own Cantor Raphael Frieder for 20 years, will be bringing her acclaimed vocal talents and unique training as a Jewish Mindfulness Meditation teacher to our congregation the weekend of Friday, February 7 - Sunday, February 9.

The festive, introspective weekend begins on Friday night with a N'ranenah Service led by Cantors Frieder and Shammash, followed by a congregational Shabbat Dinner with fruit to celebrate Tu Bshevat. During the meal, Cantor Shammash will introduce us to mindful attention and our interconnectedness through the lens of the trees, with a talk entitled "The Inner Life of Trees and Ourselves". Rabbi Amy Roth will lead a concurrent program for school age children. If you would like to attend the dinner, please make your reservations through Jennifer at the synagogue office before Wednesday, February 5.

Saturday morning, Cantor Shammash will be leading a study of the themes of Parshat Beshallah during an hour of gentle yoga, breathing, stretching and movement, and will then join Cantor Frieder to preside over a songful Musaf service in celebration of Shabbat Shira. Following the congregational kiddush, the Cantors will again be coming together to lead an enhanced Niggun Circle.

After minḥah, Cantor Shammash will lead a brief walking meditation outdoors, weather permitting, to study the ways in which time spent in nature improves health and well-being.

The weekend concludes on Sunday morning, with "Sitting Meditation/Mindful Living at Home", where you will be able to join Cantor Shammash for seated meditation in a guided practice, and she will share some ways to introduce brief "moments of mindfulness" into our daily routines that can have a lasting positive impact.

In addition to being a Cantor and opera singer Cantor Elizabeth Shammash is a certified yoga instructor (OM Yoga, NYC) and completed Jewish Mindfulness Meditation teacher training through the Institute for Jewish Spirituality, where she is a part of the faculty of the Clergy Leadership Program. She is passionate about helping others bring Judaism into the body and heart through embodied practice, incorporating themes of tefillah, the weekly Torah portion and holidays.

For more information, please call the synagogue office at (516) 482-7800.



TILL Film Series & the Shoah Remembrance Committee present
in commemoration of the 75th anniversary of the
January 27, 1945 liberation of Auschwitz.



Sunday, January 26 • 7:00 PM • Crystal Ballroom



For survivors, liberation from the camps was the beginning of a lifelong struggle. *After Auschwitz* follows six extraordinary women, capturing what it means to move from tragedy and trauma towards life.

View this outstanding documentary (contains some graphic footage) & participate in a discussion. The film is FREE to Temple Israel members, family & friends. Theater snacks will be served.

Temple Beth-El and Temple Israel



Saturday, February 1, 2020

Open Bar, Delicious Hors D'oeuvres and Desserts

Catering by W Kasher Caterers at Temple Beth-El

Havdallah: 7:15 p.m. • Cocktails: 7:30 p.m. • Showtime: 8:30 p.m.



Dan Wilson

Star Search, Evening at the Improv, MTV and Comedy Central



Ophira Eisenberg

The Late Late Show, Comedy Central, VH1 and FX



Joe Larson

Voted Best Up-and-Coming Comedian, The Tonight Show and Fox TV



...and Great Neck's own Stan Levine as our Master of Ceremonies!

Tickets
 \$65—General Admission
 \$75—General Admission Reserved Seat
 \$390—Reserved Table for 6
 \$600—Reserved Front Row Table for 6 (\$75 per person on the day of event, based on availability)
 Purchase tickets online at www.GreatNeckComedy.com
 For tickets by phone or more info, call Temple Beth-El: 516-487-0900 or Temple Israel: 516-482-7800.

START YOUR SUPER BOWL SUNDAY WITH A WRAP AND ROLL!

Join us on **Sunday, February 2**

when thousands of Conservative Jewish men, women and children around the world will celebrate the Mitzvah of Tefillin at the World Wide Wrap.



8:15 AM, Chapel

Dr. Charles Adler of our Men's Club, joined by Rabbi Howard Stecker, will lead a complete service in the Chapel. We will have Men's Club members available to assist individuals in putting on tefillin if needed. Following the service, breakfast will be available in the Blue Room.

9:30 AM, Crystal Ballroom

Our 6th grade Religious School students and their parents will celebrate the mitzvah of tefillin in the Crystal Ballroom. Services will be led by Rabbi Stecker, Rabbi Roth, Rabbi Schweber and Cantor Frieder. Following the service, please join us for breakfast in the same room.

You may join us for one or both services. There will be extra sets of tefillin and trainers from the Men's Club and TIGN Clergy to help you through the process.

Sponsored by Temple Israel Men's Club

We look forward to seeing you then!

For further information contact Jennifer in the Synagogue office @ (516) 482-7800.

TEMPLE ISRAEL OF GREAT NECK presents

Tu B'shevat Dinner & Celebration
Friday, February 7

Join us for a very special *N'Ranenah* service at 6:00 P.M. led by Cantors Elizabeth Shammash and Raphael Frieder in the Multipurpose Room

followed by a Communal Shabbat Dinner in the Crystal Ballroom (catered by Chatanooga)

Featuring separate celebrations for adults, teens and children.

Cost for the dinner:
 \$22/adult • \$15/child(ren) 12 & under
 (Children 2 and under are free)
 (Please RSVP NO LATER than Wednesday, February 5)

To RSVP, contact Jennifer in the synagogue office at 482-7800.

ALL ARE WELCOME!

The Zionist Organization of the Conservative Movement
www.mercazusa.org
MERCAZ USA
 חורף תש"פ שנת ע"ב למדינת ישראל Winter 2019-20
VOTE MERCAZ
 The Voice of the Conservative/Masorti Movement
 January 21 - March 11, 2020
 Elections for Delegates to 2020 World Zionist Congress
 Enroll online at <https://www.mercazusa.org/support-us/membership>

Shabbat Services and Candle Lighting Times

Friday, January 17

Candle Lighting 4:35 P.M.
 Evening Service 6:30 P.M.

Saturday, January 18

Shaharit Morning Service/ 8:45 A.M.
 Shabbat Morning Group Aliyah
 First Mourners' Kaddish 9:25 A.M.

Weekly Portion: Shemot

Exodus 1:1 – 6:1
 Haftarah: Isaiah 27:6 – 28:13; 29:22 - 23

Sabbath Service Officers and Greeters: Harold Citron, Toby Katz, Patty Schneider, David Eshaghoff and Joyce Weston

Junior Congregation 10:30 A.M.
 Toddler Service 11:00 A.M.
 Afternoon Service 4:15 P.M.
 Se'udah Shelishit 4:45 P.M.
 Evening Service 5:20 P.M.
 Havdalah 5:36 P.M.

Friday, January 24

Candle Lighting 4:43 P.M.
 N'ranenah/Evening Service 6:30 P.M.
 Adult Benei Mitzvah Dinner 7:30 P.M.

Saturday, January 25

Shaharit Morning Service 8:45 A.M.
 First Mourner's Kaddish 9:25 A.M.

Weekly Portion: Va'era

Exodus 6:2 – 9:35
 Haftarah: Ezekiel 28:25 – 29:21

Sabbath Service Officers and Greeters: Neda Sedgh, Jeffrey Fleit, Robert Panzer, Andy Katz and Ellen Birnbaum

Adult Benei Mitzvah: David Eshaghoff, Nelly Mizrahi, Mahvash Abitbol, and Nahid Mashihi

Havurah Service 10:00 A.M.
 Junior Congregation 10:30 A.M.
 Toddler Service 11:00 A.M.
 Afternoon Service 4:25 P.M.
 Se'udah Shelishit 4:55 P.M.
 Evening Service 5:28 P.M.
 Havdalah 5:44 P.M.

Friday, January 31

Candle Lighting 4:51 P.M.
 Evening Service 5:00 P.M.

Saturday, February 1

Shaharit Morning Service 8:45 A.M.
 First Mourner's Kaddish 9:25 A.M.

Weekly Portion: Bo
 Exodus 10:1 – 13:16
 Haftarah: Jeremiah 46:13 – 28

Sabbath Service Officers and Greeters: Rachel Geula, Rebecca Friedman-Charry, Deanna Stecker and Brent Greenspan

Junior Congregation 10:30 A.M.
 Toddler Service 11:00 A.M.
 Afternoon Service 4:30 P.M.
 Se'udah Shelishit 5:00 P.M.
 Evening Service 5:37 P.M.
 Havdalah 5:53 P.M.

Friday, February 7

Scholar-in-Residence Weekend – Cantor Elizabeth Shammash

Candle Lighting 5:00 P.M.
 N'ranenah/Evening Service 6:00 P.M.
 Tu B'shevat Dinner 7:00 P.M.
 "The Inner Life of Trees and Ourselves" led by Cantor Shammash 7:45 P.M.
 Tu B'shevat Program 7:45 P.M.
 for School-Ages Children led by Rabbi Roth

Saturday, February 8

Shabbat Shirah
Scholar-in-Residence Weekend – Cantor Elizabeth Shammash

Shaharit Morning Service 8:45 A.M.
 First Mourner's Kaddish 9:25 A.M.

Weekly Portion: Beshallah
 Exodus 13:17 – 17:16
 Haftarah: Judges 4:4 – 5:31

Sabbath Service Officers and Greeters: Jacqueline Harounian, Sima Taid, Robert Lopatkin, Gail Zahler and Jeffrey Fleit

"Torah Yoga" 9:30 A.M.

Led by Cantor Shammash
 Waxman Youth House Service 10:30 A.M.
 Junior Congregation 10:30 A.M.
 Toddler Service 11:00 A.M.
 Musaf Service 11:00 A.M.

Led by Cantors Frieder and Shammash
 Enhanced Niggun Circle with Cantor Frieder & Cantor Shammash following kiddush

Afternoon Service 4:40 P.M.
 "Taking the Innerlife Outdoors" with Cantor Shammash
 Se'udah Shelishit 5:10 P.M.
 Evening Service 5:45 P.M.
 Havdalah 6:01 P.M.